



# ORTHOPEDIC PHYSICAL THERAPIST

## YOU'RE INVITED!!!

The Atriums Tenants are invited to take advantage of a **Complimentary Musculoskeletal Screening** program with our board-certified Orthopedic Physical Therapist. This would be ideal if you are experiencing ongoing muscle/joint pain and are not currently receiving care for this condition.

### **Here's what you can expect at your complimentary screening:**

- A physical therapist will spend 15-20 mins with you to review your concerns and health history so they can provide you with recommendations to help you feel better faster.
- The screen may include standard orthopedic testing as well and a brief movement analysis. Once completed, the therapist will be able to determine the best course of action.

**For more information or to schedule an appointment, please reach out to Zeke Cole, Club Manger at the Atrium Health Club.**

**Recommendations can be as simple as adding stretching or strengthening exercises to your daily routine or modification of your current activities.**

**If a brief course of therapy would help to resolve your current issue that can be discussed as well as a referral to a specialist if needed.**

### **WHY EARLY ACCESS?**

- **Early assessment and intervention is key to reducing MSK injuries**
- **The MSK program can help you and your family return to work and leisure activities faster**

## **ATRIUM HEALTH CLUB**

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CINCINNATI, OH 45202  
513-564-0200

[www.theatriums.com](http://www.theatriums.com)

Every Other Wednesday  
from 10:30am until Noon